

HOW YOU CAN HELP SOMEONE IN NEED?

- Ask if something is wrong & don't wait for them to come to you.
- Express concern without judging or blaming.
- Listen & validate without pressuring them.
- Offer help & not advice.
- Help them understand that abuse is not their fault.
- Help them protect themselves.
- Support their decision without placing conditions on your support.
- Offer a place to stay, or offer to keep an eye on their children.
- Maintain regular contact with them.
- Find out about services & legal options available to help them.



**ARE YOU OR SOMEONE
YOU KNOW IN AN
ABUSIVE SITUATION?
DON'T FEEL ALONE.**

- **HOUSATONIC COMMUNITY COLLEGE OFFERS FREE, SAFE /CONFIDENTIAL SUPPORT, RESOURCES, & EDUCATIONAL INFORMATION.**
- **YOU WILL BE CONNECTED TO PEOPLE & SERVICES THAT HELP YOU THROUGH THIS DIFFICULT TIME.**
- **SERVICES ARE AVAILABLE REGARDLESS OF IMMIGRATION STATUS, GENDER, OR SEXUAL ORIENTATION.**

TITLE IX

IS A FEDERAL LAW THAT PROTECTS ALL STUDENTS ATTENDING OR ACCESSING SERVICES AT AN EDUCATIONAL INSTITUTION THAT RECEIVES FEDERAL FUNDING. IT ALLOWS ALL STUDENTS TO ATTEND SCHOOL IN AN ENVIRONMENT FREE OF HARASSMENT, GENDER BASED VIOLENCE AND DISCRIMINATION.

HCC CAMPUS RESOURCES

Title IX Coordinator

Dr. Kim McGinnis
Dean of Student Services
KMcGinnis@housatonic.edu
203-332-5183

Counseling & Wellness Center

Lafayette Hall - A 242
Submit an online confidential CARE Report
(<https://housatonic.edu/current-student/care-reports>) 203-332-5285

Title IX Investigator

Marilyn Albrecht
MAlbrecht@housatonic.edu
203-332-8521

Women's Center

Beacon Hall - 371
203-332-5268

Public Safety Office

Lafayette Hall/Beacon Hall
203-332-5025

Men's Center

Beacon Hall - 325
203-332-8561

The Center for Family Justice

Campus & Community based Advocacy, Education Outreach & Services
753 Fairfield Ave, Bridgeport, CT 06604
(CenterforFamilyJustice.org) ***Services are provided in all languages*

24/7 Crisis Hotlines

Sexual Violence: 203-333-2233
Dating/Domestic Violence: 203-384-9559
Vedas (Spanish): 888-568-8332

If you are not safe & need immediate help, call or text 911.

National Sexual Assault Hotline

1-800-656-4673
Need to Chat online? Go to: www.online.rainn.org

National Sexual Assault, Domestic & Family Violence Counseling Services

1-800-737-7328

IF YOU NEED TEMPORARY SHELTER

Visit: **Vehicle for Change, the Wellness Van**

Tues: 6-9pm Downtown BPT bus terminal

Wed: 1-3pm BPT Public Library

Thu: 7-9pm on HCC State St. entrance, BPT

Fri: 9:30-11am BPT East side Library, East Main St

OR contact 211 or 1-800-203-1234, press option 3 & option 1 for housing specialist **OR** contact BPT Rescue Mission 203-540-5449; **(Women)** 203-908-3955 • **(Men)** 203-333-4087

SIGNS SOMEONE IS BEING ABUSED

Signs include, but are not limited to, a combination of the following:

- Excuses for injuries.
- Personality changes, like low self-esteem in someone who was always confident.
- Constantly checking in with their partner.
- Never having money on hand.
- Overly worried about pleasing their partner.
- Skipping out on work, school, or social outings for no clear reason.
- Wearing clothes that don't fit the season, like long sleeves in summer to cover bruises.
- Talk about their partner's temper, jealousy, or possessiveness.
- Being restricted from seeing family & friends.
- Being depressed, anxious, or suicidal.



WE CAN HELP.

(Info on Back Page)

