



UPCOMING COURSE INFORMATION

CRN: 4054

SCHEDULE: Tues., 01/07/2020

SNOW DATE: Thur., 01/09/2020

TIME: 8:00am to 4:00pm

FEE: \$105.00
(Book & Lunch included)

LOCATION:

HCC, 900 Lafayette Blvd.,
Bridgeport, CT 06604
Beacon Hall, Room #135

To register, submit registration form:

Email:

HC-Continuinged@hcc.commnet.edu

Phone: (203) 332 - 5057

Fax: (203) 332 - 8558

Mental Health First Aid: Law Enforcement, Correction Officers, and 911 Dispatch Staff

This 8-hour Mental Health First Aid professional development course is taught to help law enforcement, first responders, corrections officers, 911 dispatch staff, and other public safety professionals better understand mental illnesses and addictions. In addition, it provides training that helps to deescalate incidents so they can respond to mental health related calls appropriately without compromising safety.

The goals of mental health first aid for public safety include:

- Defuse crises
- Promote Mental Health literacy
- Combat stigma of mental illness
- Enable early intervention
- Connect people to care
- Most important, MHFA for public safety introduces first responders to a discussion around the mental health of their own and provides a safe zone in which to begin the conversation about accessing mental health services within their culture.

The course will teach you how to apply the ALGEE Action Plan:

- **Assess** for Risk of Suicide or Harm
- **Listen** non-judgmentally
- **Give** reassurance and information
- **Encourage** appropriate professional help
- **Encourage** self-help and other support strategies



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