

HCC- Men's Center - African American Students

By Carlton Gill – *Male Success Center Coordinator*

- As an African American, Mr. Carlton Gill presented an inspirational, thoughtful, and creative information based on his work and understanding of the African American population.
- Coordinating and doing outreach work for HCC Men's Center, Carlton highlighted several important mental health challenges experienced by our students.
- Given the current COVID-19 crisis, Carlton clarified and reframed PTSD as Persistent (not "Post") Traumatic Stress Disorder as a more the realistic struggles of our students.
- With a video example, Carlton shared how he helped a student from Chicago to engage in giving artistic expression to his talent which served both as therapeutic and service to the community that added value/significance to his life.
- Carlton shared the artwork

