



Human Services

DEGREE & CERTIFICATES

Human Services is one of the fastest growing career areas in the United States today. Housatonic Community College offers a Human Services associate degree, as well as four certificate programs. The Human Services field is ideal for anyone interested in a rewarding and productive career helping others as a Counselor, Social Worker, Mental Health Worker, Case Manager, Addictions Counselor, Disability Specialist, and more. Human Service professionals work in a variety of settings in the community. These include hospitals, community agencies, counseling centers, rehabilitation centers and other organizations specializing in psychological and social services.

Degree Offerings:

- > Human Services (EB35)

Certificate Offerings:

- > Behavioral Healthcare Specialist Track I (EJ67)
- > Behavioral Healthcare Specialist Track II (EJ68)
- > Children & Youth Mental Health (EJ71)
- > Disabilities Specialist (EJ72)

[Learn more about each of these offerings on the back.](#)

CAREER READINESS SKILLS

Critical Thinking/Problem-Solving

Form creative decisions by interpreting information, opinions and data.

Oral/Written Communication

Explain thoughts and ideas effectively to people inside and outside the organization.

Teamwork

Work efficiently with diverse groups; the ability to negotiate and manage conflict maturely.

Digital Technology

Demonstrate adaptability to new emerging technology to achieve goals.

Leadership

Leverage the strength of others to achieve common goals, as well as prioritizing and delegating work.

Professionalism

Recognizing the significance of time, tasks, appearance and accountability.

Career Management

Understand how to self-advocate for opportunities, while identifying areas necessary for professional growth.

Global Perspective

Openness, inclusiveness, and sensitivity to people of diverse backgrounds and lifestyles.

**CAMPUS CONTACT FOR THIS PROGRAM:
EDWARD KEANE | EKEANE@HOUSATONIC.EDU**

HCC is an Achieving the Dream Leader College, ranked by the Aspen Institute among nation's top 150 community colleges for 2017



DEGREE OFFERING

Associate in Science Degree

This program is designed to prepare qualified students for a wide variety of community counseling-related employment positions in the urban-suburban region of Greater Bridgeport and surrounding metropolitan areas. Career positions in such fields as counseling, mental health, social services, substance abuse, community outreach, and gerontology. Instruction is cross-disciplinary and is designed for maximum transferability for those wishing to continue their studies.

Freshman Year

- ENG* E101 - Composition (3 credits)
- POL* E111 - Introduction to American Government (3 credits)
- PSY* E111 - General Psychology I (3 credits)
- HSE* E101 - Introduction to Human Services (3 credits)
- ENG* E102 - Literature & Composition (3 credits)
- PSY* E245 - Abnormal Psychology (3 credits)
- SOC* E101 - Principles of Sociology (3 credits)
- HSE* E210 - Group and Interpersonal Relations (3 credits)
- HSE* E243 - Human Services Skills and Methods (3 credits)
- Elective (AESX) - Aesthetic Dimensions (3 credits) ¹

Sophomore Year

- COM* E173 - Public Speaking (3 credits)
- Elective (SCKX) - Scientific Knowledge & Understanding (3-4 credits) ¹
- Elective (MATH) - Mathematics (3-4 credits) ²
- HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
- HSE* E235 - Professional & Ethical Issues in Human Services (3 credits)
- HSE* E209 - Applied Counseling Skills (3 credits)
- HSE* E291 - Human Services Internship I (3 credits) ³
- HSE* E292 - Human Services Internship II (3 credits) ³
- Elective (HSE*) - Human Services (3 credits)
- Elective (OPEN) - Any course 100 or higher (3-4 credits) ²

Total Credits: 60 - 62

² MAT* E095 and MAT* E095i not acceptable. While any math course numbered higher than 100 meets this requirement, higher level math courses are generally required by most 4-year colleges. Must be higher than MAT* E137 to transfer to a Connecticut State University in a CSCU Transfer Degree.

³ Internship courses (HSE* E291 and HSE* E292) must be taken in separate semesters and approved in advance by the Program Coordinator.

¹ All electives should be based on student's career objectives. It is required that students discuss electives with Program Coordinator or designee.

CERTIFICATE OFFERINGS

Behavioral Healthcare Specialist Track I

This program will prepare individuals for employment in entry-level professional positions in public and private agencies serving mentally ill and substance abusing patients. Instruction is also provided to allow for the continuation of studies at two- and four-year programs in the areas of substance abuse and mental health.

First Semester

- ENG* E101 - Composition (3 credits)
- PSY* E111 - General Psychology I (3 credits)
- HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
- HSE* E210 - Group and Interpersonal Relations (3 credits)
- HSE* E141 - Addiction and Mental Illness in Behavioral Health Care (3 credits)

Second Semester

- PSY* E140 - Psychology of Addiction (3 credits)
- PSY* E245 - Abnormal Psychology (3 credits)
- HSE* E147 - Change Theory and Strategies in Behavioral Health Care (3 credits)
- HSE* E286 - Practicum in Behavioral Health Care (3 credits)

Total Credits: 27

Behavioral Healthcare Specialist Track II

This program will prepare individuals with prior higher education and professional experience for career advancement and certification in public and private agencies serving mentally ill and substance abusing patients. Instruction is also provided to allow for the continuation of studies at two- and four-year programs in areas of substance abuse and mental health.

First Semester

- PSY* E140 - Psychology of Addiction (3 credits)
- HSE* E141 - Addiction and Mental Illness in Beh. Health Care (3 credits)

Second Semester

- HSE* E147 - Change Theory and Strategies in Beh. Health Care (3 credits)
- HSE* E286 - Practicum in Behavioral Health Care (3 credits)

Total Credits: 12

Children & Youth Mental Health

This program prepares individuals to work with children, youth and parent populations in a variety of mental health agencies and community based programs.

First Semester

- ENG* E101 - Composition (3 credits)
- PSY* E111 - General Psychology I (3 credits)
- HSE* E134 - Introduction to Mental Health (3 credits)
- HSE* E121 - Strategies for Developing Capable Children & Youth (3 credits)

Second Semester

- PSY* E202 - Child Psychology & Development (3 credits)
- PSY* E205 - Adolescent Development (3 credits)
- HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
- HSE* E222 - Emotional Disorders in Children and Youth (3 credits)
- HSE* E285 - Practicum in Children and Youth Mental Health (3 credits)

Total Credits: 27

Disabilities Specialist

This program prepares individuals for work with citizens with disabilities in a variety of community treatment and supportive environments.

First Semester

- ENG* E101 - Composition (3 credits)
- PSY* E111 - General Psychology I (3 credits)
- HSE* E202 - Introduction to Counseling/Interviewing (3 credits)
- HSE* E161 - Disabilities Across the Lifespan (3 credits)

Second Semester

- HSE* E210 - Group and Interpersonal Relations (3 credits)
- HSE* E261 - Comm. Support Skills for Persons with Disabilities (3 credits)
- HSE* E262 - Positive Beh. Supports for Persons with Disabilities (3 credits)
- HSE* E266 - Professional and Ethical Issues in Disability Services (3 credits)
- HSE* E280 - Practicum in Disability Services (3 credits)

Total Credits: 27