



HOLISTIC GUIDANCE & APPROACHES TO GENERAL WELLNESS

DATES

CRN: HMED 2427 - 08/03/2020 - 08/17/2020
(SUMMER 2020)

CRN: HMED 4454 - 10/19/2020 - 11/02/2020
(FALL 2020)

SCHEDULE

ONLINE (TUESDAY'S FROM 5:00PM TO 9:00PM)

COURSE TUITION

\$150.00 (TEXTBOOKS NOT REQUIRED)

CONTACT HOURS

12

MAX ENROLLMENT

25

INSTRUCTOR

DR. KAREN MARIE LACONTE, ND

COURSE DESCRIPTION

The course curriculum is targeted to health care professionals, nurses, personal trainers, as well as the health minded individuals. Course will cover important holistic approaches to self-care, hands-on utilization of natural remedies around the house, homeopathy for home and work stress management, and mastering a positive mindset for general health and wellness.

The course will cover the subtle symptoms that can lead to the bigger health issues and what the holistic remedies can be used to manage them.

This course is taught by a Licensed Naturopathic Physician.



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CONTACT US & FIND OUT MORE
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