

## HOUSATONIC COMMUNITY COLLEGE “MENTAL HEALTH IN A MINUTE ”



### What are opioids?

Opioids are a class of drugs that include the illegal drug heroin, synthetic opioids such as fentanyl, and pain relievers available legally by prescription, such as oxycodone (OxyContin®), hydrocodone (Vicodin®), codeine, morphine, and many others. Opioid pain relievers are generally safe when taken for a short time and as prescribed by a doctor, but because they produce euphoria in addition to pain relief, they can be misused...if taken in larger quantities or obtained illegally. Regular use even as prescribed by a doctor can lead to dependence and, when misused, opioid pain relievers can lead to addiction, overdose incidents, and deaths.

PAINKILLERS ARE EASY TO  
GET INTO. HARD TO ESCAPE.



### GET HELP IN CT!

If you or someone you know is struggling with opioid addiction...

Call 211 or  
**The CT Opioid Hotline**  
**1-800-563-4086, 24/7**  
**YOU CAN ALSO SEE AN**  
**HCC COUNSELOR**  
**203-332-5285**