

HOUSATONIC COMMUNITY COLLEGE

“MENTAL HEALTH IN A MINUTE ”



WHAT ARE STIMULANT MEDICATIONS?

Did you know?

- *Stimulants are prescribed to treat ADHD, narcolepsy, depression and obesity*
- *These medications make some people feel good, have more energy, and generally more productive*
- *Longing for this feeling, most will continue to take stimulants and eventually become addicted to the drug.*
- *Changes to the brain and body, both physically and chemically will begin to take place.*

Stimulant medications include:

Amphetamines - *Adder-all and Dexedrine*
Methylphenidate - *Concerta and Ritalin*
Diet Aids - *Didrex, Bontril, Preludin, Fastin, Adipex P, Ionomin, and Meridia*



GET HELP IN CT!

If you or someone you know is struggling with prescription medicine abuse ...

**Call 211 or
DMHAS**

1-800-563-4086, 24/7

**YOU CAN ALSO SEE AN HCC
COUNSELOR
203-332-5285**