

Facts and Updates about the Covid - 19 Delta Variant



SCAN ME



What is The Delta Variant?

The Delta variant is the most contagious coronavirus mutant so far in the pandemic.



Who is at Risk?

People who have not been fully vaccinated against COVID - 19 are most at risk. Nationally 97% of patients hospitalized with COVID -19 are unvaccinated.

Masks Guidance Update

- Fully vaccinated people should wear a mask in public indoor settings in areas of substantial or high transmission
- Fully Vaccinated people who have a known exposure to someone with suspected or confirmed COVID - 19 to be tested 3 - 5 days after exposure, and to wear a mask in public indoor settings for 14 days or until they receive a negative test result
- CDC recommends universal indoor masking for all teachers, staff, students and visitors to schools, regardless of vaccination status

Promote



GET VACCINATED

Only 37.37% of teens aged 12 - 15 of New Haven have only received their 1st dose of the vaccine. 29.86% of teens aged 12 -15 of New Haven have received their 2nd dose of the Vaccine.

Prevent

Check your temperature.

Check your temperature at least two times a day.

Get Tested

If you have any symptoms, or come in contact with anyone with Covid - 19, get tested

Watch for symptoms.

Aside from fever, Covid-19 symptoms include cough, difficulty breathing, and fatigue.

Wash your hands.

Practice good hand hygiene by washing your hands with soap and water or using alcohol or hand sanitizer.



Protect

Get Vaccinated **Wear a mask**

Get the COVID - 19 vaccine when it is available to you, So you can protect your self and others.

Wear a mask always inside and when you cannot maintain the 6ft distance outside

Practice social distancing.

If you need to go out, maintain at least 2 meters (6 feet) distance from others.

Stay Home

If you're sick or suspect yourself to be sick, it's best to stay home, away from others.



For more information: Please refer to our Covid Hub at www.covid19.newhavenct.gov or **scan the QR code above**

Source • Centers for Disease Control and Prevention (cdc.gov)

